Since 2007 much of the developed world has experienced contraction, or even shrinkage, in economic growth. It is contended by some that, just as there is a direct relationship between oil and food (for we must have oil before we can eat), there is also a direct relationship between high and volatile oil prices and global economic contraction. These linkages have major repercussions for the future of oil, the future of energy, the future of food, and the future of the economy. Does cheap oil, or its lack thereof, dictate our future? The work of economist Jeff Rubin, environmental sociologist Richard Heinberg, members of the international de-growth movement, and leaders of peak oil theory, will be examined to better understand our possible futures.