



At the University of New Hampshire, students develop personal and professional skills by following the **Wildcat Way to Professional Success.**

This model is designed to provide guidance and recommended action steps throughout the UNH experience, equipping students with the knowledge and tools to thrive in an ever-changing future.

BUILD AWARENESS

- Identify your interests, skills, and values
Career and Professional Success staff can provide assessment tools to help with the exploration process
- Learn about your field of interest: industry areas, job types/titles, growth projections
Review Handshake, O*Net, the Bureau of Labor Statistics, Potential Careers for your Major pages, Vault, and Pathsource
- Map your skills to industry needs
Search job descriptions; indeed.com, LinkedIn, and company specific pages to learn what skills are in demand
- Understand the career paths of fellow students and alumni
Join Wildcat Connections, review alumni LinkedIn profiles, UNH Today, and college websites for alumni stories
- Understand salary ranges for your industry
Search Salary.com, Glassdoor, O*Net, and the Bureau of Labor Statistics to find ranges for roles in your industry

BUILD PROFESSIONAL IMAGE

- Create and update career documents
Including resumes, cover letters, and other professional correspondence
- Create and practice your professional pitch
Take part in Career Storytelling programming and networking events on and off campus
- Develop your LinkedIn profile
Attend Career Express or a CaPS Workshop to receive feedback and tips on optimizing your profile
- Practice interviewing for your specific industry/field and professional goals
Use InterviewStream to record a practice interview, conduct a mock interview with a mentor/employer
- Cultivate your professional image
Dress for success, learn industry specific etiquette, and review your digital presence (social media and web search results)

BUILD EXPERIENCE

ACADEMIC

- Engage in research and field experience
Connect with your faculty members, Hamel Center for Undergraduate Research, or the UNH Research Office
- Publish your research and papers
Submit your research to industry specific journals
- Present at professional conferences and competitions
Take part in the Undergraduate or Graduate Research Conference
- Secure a Teaching Assistantship, Lab Assistantship, or tutoring position
Take on a leadership or service position within your department to support your peers
- Study away to build your national and global citizenship
Find the right program for you with Study Away USA, Semester in the City, Education Abroad, etc.

-CURRICULAR

- Learn about all of the resources available on campus
Explore the A-Z Resource Guide on unh.edu to see all UNH has to offer
- Volunteer to support your local or global community
Visit the UNH Civic and Community Engagement website to identify opportunities
- Join and participate in clubs and/or student organizations
Find through the Office of Student Involvement and Leadership, academic organizations, and Campus Recreation
- Pursue student leadership positions
Apply to be a Resident Assistant, take a leadership position in an organization, run for student government

PROFESSIONAL

- Shadow professionals and companies of interest
Use Wildcat Connections or campus connections to build relationships and request job shadowing experiences
- Secure at least one internship
Search through Handshake, established department internship opportunities, and campus recruiting events to find options
- Get a part-time job to build other transferrable skills
Attend the Part-Time and Work Study Job Fair, search in Handshake, inquire with campus offices, or local businesses

BUILD RELATIONSHIPS

- Build professional and personal networks
Connect with alumni, faculty, staff, employers, supervisors, parents, friends, friend's parents, etc. Create a profile on Wildcat Connections, join national associations, and expand your LinkedIn connections
- Maintain your network by following up with your new and established connections
Send thank you notes after initial conversations and connect on LinkedIn when appropriate
- Attend employer events on campus and in the community
Resume Review Days, Career and Internship Fairs, employer tabling, information sessions, employer and alumni panels
- Conduct informational interviews
Meet with a variety of professionals from desired industry/organizations to hear their career stories and advice
- Secure 3-5 professional references
Connect with a combination of appropriate employers, faculty, staff, and/or supervisors