Career Planning Resources for Study Abroad Students

Overall Guidelines:

- Studying abroad will provide you with global experience and transferable skills
- Recognize there is a trade-off as you will miss that semester's career events and on campus recruiting, i.e., face-time with employers
- With extra effort and planning, you can still track internship and job opportunities, follow your target companies, and build your network connections

Tips by Timeframe:

Before Leaving

- Prepare a list of target companies to monitor while and correspond with while abroad
- Meet with Career Services and have items ready (resume, cover letter template, LinkedIn profile, access to Wildcat Careers, etc.)
- Attend a university-wide Career Fair and/or a Career Fair/Networking Event for a specific option.
  - Accounting and Finance option students are encouraged to study abroad in the spring so that they may attend the Accounting Career Fair and interview on campus in the fall.
  - Hospitality option students should plan to attend the Hospitality Networking Night in the Fall and/or the Hospitality Fair in the Spring semester

While Abroad

- Check job postings at Wildcat Careers, https://unh-csm.symplicity.com and the UNH Careers Website for events and resources
- Apply for internships and jobs for when you return
- Try to arrange Skype interviews; contact your career advisors to facilitate
- Investigate international internships for future summer, January term, or semester opportunities to round out your international preparation.
- Do informational interviews abroad in your field; e.g., Hospitality Management students can speak with hotel or catering managers
- Learn the country's language if possible and immerse yourself in the culture

Upon Return

- Leverage experience from the study abroad in the resume and in presenting yourself
- Identify transferrable skills and update your resume:

Transferrable Skills Gained by Studying Abroad:

- Adaptability/flexibility
- Project & Time Management
- Independent Decision-Making
- Multi-cultural Awareness
- Intellectual Curiosity
- Perseverance
- Creativity
- Self-reliance
- Listening and Observing
- Crisis and Resource Management
- Rapport and Relationship Building
- Quick Learning in Unfamiliar Circumstances
- Problem Solving
- Global Mindedness
- Travel/navigational skills
- Intercultural Knowledge
- Broad/strategic perspective
- Foreign Language Skill

Prepare specific stories of you learning and demonstrating these skills and how they can be applied.

The CaPS team (Career Services) is available to assist while you are abroad. Feel free to e-mail or make a phone appointment via Wildcat Careers!