

## Career Planning Resources for Study Abroad Students



### Overall Guidelines:

- Studying abroad will provide you with global experience and transferable skills
- Recognize there is a trade-off as you will miss that semester's career events and on campus recruiting, i.e., face-time with employers
- With extra effort and planning, you can still track internship and job opportunities, follow your target companies, and build your network connections

### Tips by Timeframe:

#### *Before Leaving*

- Prepare a list of target companies to monitor while and correspond with while abroad
- Meet with Career Services and have items ready (resume, cover letter template, LinkedIn profile, access to Wildcat Careers, etc.)
- Attend a university-wide Career Fair and/or a Career Fair/Networking Event for a specific option.
  - Accounting and Finance option students are encouraged to study abroad in the spring so that they may attend the Accounting Career Fair and interview on campus in the fall.
  - Hospitality option students should plan to attend the Hospitality Networking Night in the Fall and/or the Hospitality Fair in the Spring semester

#### *While Abroad*

- Check job postings at Wildcat Careers, <https://unh-csm.symplicity.com> and the UNH Careers Website for events and resources
- Apply for internships and jobs for when you return
- Try to arrange Skype interviews; contact your career advisors to facilitate
- Investigate [international internships](#) for future summer, January term, or semester opportunities to round out your international preparation.
- Do informational interviews abroad in your field; e.g., Hospitality Management students can speak with hotel or catering managers
- Learn the country's language if possible and immerse yourself in the culture

#### *Upon Return*

- Leverage experience from the study abroad in the resume and in presenting yourself
- Identify transferrable skills and update your resume:

### Transferrable Skills Gained by Studying Abroad:

- |                               |  |                               |
|-------------------------------|--|-------------------------------|
| • Adaptability/flexibility    | • Creativity                                 | • Problem Solving             |
| • Project & Time Management   | • Self-reliance                              | • Global Mindedness           |
| • Independent Decision-Making | • Listening and Observing                    | • Travel/navigational skills  |
| • Multi-cultural Awareness    | • Crisis and Resource Management             | • Intercultural Knowledge     |
| • Intellectual Curiosity      | • Rapport and Relationship Building          | • Broad/strategic perspective |
| • Perseverance                | • Quick Learning in Unfamiliar Circumstances | • Foreign Language Skill      |

Prepare specific stories of you learning and demonstrating these skills and how they can be applied.

**The CaPS team (Career Services) is available to assist while you are abroad. Feel free to e-mail or make a phone appointment via Wildcat Careers!**